

LIGHTWORKERS ACADEMY

Uniworld City, Chennai – 600127
(A school by Uniworld Foundation Trust)
(Affiliated to CBSE)



NEWSLETTER JANUARY 2022

E-Mail : lwauniworldcity@gmail.com
Website : <https://lwauniworldcity.org/index.php>
FB Page : <https://www.facebook.com/LWACHennai/>
Phone : 044 - 4748 6060 / 4748 6070 / +91 91765 32779

FROM THE PRINCIPAL'S DESK

Dear LWA family,

In the month of January our students of age group 15-18 got inoculated with vaccine at the School's premises. Pongal and Republic day were celebrated with full enthusiasm in the virtual mode.

As we have reopened the School for all levels, with the safety protocols in compliance with, we are happy to release this monthly newsletter for a joyful reading !!



- Ms. Santhi Swaminathan



Highlights

**Teachers'
Excellence Award**

4

**Tamil Activity
Class – III**

5

**Tennis
Tournament**

4

**Pongal Festival
Special Assembly**

8

**Pongal Activity
– Nursery**

6

**Virtual camp on
Child Nutrition**

14

**Articles on
Back to school**

9

**Vaccination
Drive**

15

**Republic Day
Quiz**

15



TEACHERS' EXCELLENCE AWARD – 2021



LWA feels proud and congratulates **Mr. RAJ BHARATH S** for winning the award in **Grade-11&12**, above 5-15 years experience, **Subject: Physics Category** for Teachers Excellence Awards – 2021 conducted by **TIMES OF INDIA & AMRITHA VISHWA VIDYA PEETHAM**.



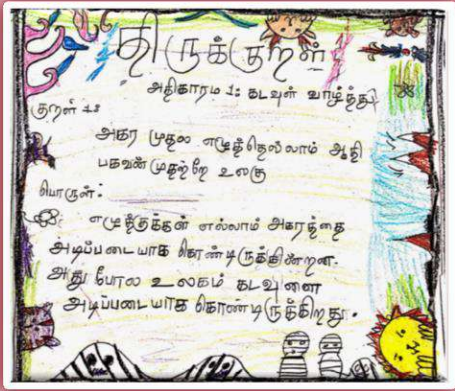
TENNIS TOURNAMENT



LWA students – Kavita Chandramohan class 9, Tharun Ezhil class 8, Zoya class 8, Aryan class 9 and Ezhil class 8 participated in the tennis tournament and came out with flying colours.



TAMIL ACTIVITY – CLASS III



PONGAL ACTIVITY – NURSERY



PONGAL ACTIVITY – NURSERY



PONGAL SPECIAL ASSEMBLY



பொங்கல் விழா அறிக்கை

- * ஜனவரி 13, 2022 அன்று இலைத்வொர்க்கர்ஸ் அகாடமி, தமிழ்த்துறை மற்றும் VI,VII,VIII மாணவர்கள் சார்பாக பொங்கல் விழா கொண்டாடப்பட்டது.
- * இவ்விழாவானது அன்று காலை சரியாக 09.30 மணி முதல் 10.30 வரை சிறப்பாக நடைபெற்றது. விழாவினை இலைத்வொர்க்கர்ஸ் அகாடமியின் முதல்வரான, திருமதி சாந்தி சுவாமிநாதன் அவர்கள் தலைமை தாங்கி நடத்தினார்.
- * பொங்கல் விழா வாழ்த்துப்பாடலுடன் இனிதே தொடங்கியது.
- * பள்ளி மாணவர்கள் தொகுப்புரை, வரவேற்புரை ஆகியவற்றைச் சிறப்பாக வழங்கினர்.
- * பின்னர், ஜகன்நாத் வித்யாலயா பள்ளி, தமிழ்த்துறையின் மூத்த தமிழாசிரியர் திருமதி. முத்தம்மாள் கோகிலா அவர்கள் சிறப்புரையாற்றினார். அவர், பொங்கல்விழா குறித்த செய்திகள் இலக்கியங்களிலும் நடைமுறைகளிலும் எவ்வாறு இருக்கின்றன என்பதனைப் பற்றித் தெளிவாக எடுத்துரைத்தார்.
- * இந்திய ஆட்சிப்பணியாளர் ஒருவர்; உழவுத்தொழில் செய்த உழவருக்குச் செய்த சிறப்பு எனச் சிலவற்றை, நடைமுறை வாழ்வியலோடு ஒப்பிட்டு சிறப்புரையாற்றினார்.
- * பின்னர் விழாவில் கலந்து கொண்ட அனைவருக்கும் நன்றியுரையை நம் பள்ளியின் தமிழாசிரியர் திருமதி. காஞ்சனா அவர்கள் வழங்கினார்.
- * நாட்டுப்பண்ணுடன் பொங்கல் விழா இனிதே நிறைவுற்றது.

BACK TO SCHOOL

VISHALINI

Back to school

My school name is "Light workers Academy. Online classes are very good but I miss my friends and teachers and the physical interaction with them. The day when my school announced the date to return back to school, I was very thrilled and waited for the school to reopen after the pandemic condition. Now I am feeling very happy that I am back to school to meet my teachers and friends. I felt lonely while I am sitting in online class but I am tickled pink when I am sitting with my friends in the school classroom. Even though we are going to physical offline classes now, our school is following the safety protocols set by government like wearing mask, temperature check and Hand sanitizing while entering the school premises, which makes me feel more comfortable to go to school even in the covid-19 situation. In online class the programs are run in the Google meet with the recorded activities done by the students, but generally we use to celebrate the festival programs in assembly hall which makes us happy. Thank you to my school who had taken the necessary precautions which makes us happy to return back to school.

Thank you,
V.Vishalini

AKASH



• My back-to-school experience

Being back to school is very enjoyable. Meeting friends, learning new stuffs and much more. I like school more than online classes as online classes give pain to our eyes than in school. Coronavirus has been here from 2019 and block from us going to school. Slowly it decreased till the point to go to school. Seeing my teachers and being at school feel like a whole new world. Being at school take the bored out of children and make them excited. It makes us happy and bring joy to us. I am very excited to be at school and seeing my friends happy. I am very happy and thankful for God and others to make this happen.

BACK TO SCHOOL

ARTHI

Hello! My name is Arthi. I am in 3rd standard A section. I enjoy going to school. I made new friends and I got to see my teachers. It has been a long time since I went to school. I learn a lot and have fun. In school we did a few activities like Save the Earth poster, Cooking without fire and a Math lab activity with gram dal. If the school was still online, we could not do these things. In offline classes I learn more than online classes. For Christmas my friends and my classmates decorated the classroom. I also saw a few other classrooms like 4A and 4B. I hope you also like it!!

FAIZA FAROOK

BACK TO SCHOOL EXPERIENCE

I am very happy for going again to my second home and seeing my second parents. My school is the safest place after my home. After the lockdown, I missed my school although teachers work a lot to reduce the difference between online and offline classes. I met my friends, teachers after a gap of more than 1.5 years, I could see most of them had grown up and I also realized me grown up along with them but just that I missed cheerful plays and interactions.

My heartfelt thanks to our principal mam, teachers, staffs, security uncles, ayamas and bus drivers. Happy to see you all again with proper safety SOP at my school.

Faiza Farook
V B, LWA

ASHWATI



I'm excited to meet my classmates, teachers and principal ma'am after the winter holidays. Also, eager to spend breaktime with my friends and learn new things in the library and lab.

I'm very happy to be in the school every day as things are becoming normal after the pandemic situation.

It is fun to be in the school because our teachers take care of us like their own child and we are honored with their love and care.

Thank you.

Ashwati (IV-B)

BACK TO SCHOOL

Our school's poem

AARON JUBY ABRAHAM

Silence in the classrooms,
Gloominess in the playgrounds;
Emptiness in the auditoriums,
With no principal rounds.

As the pandemic cooled down,
My students take their step on me;
Gone are the days of gloom,
And now I am filled with glee!

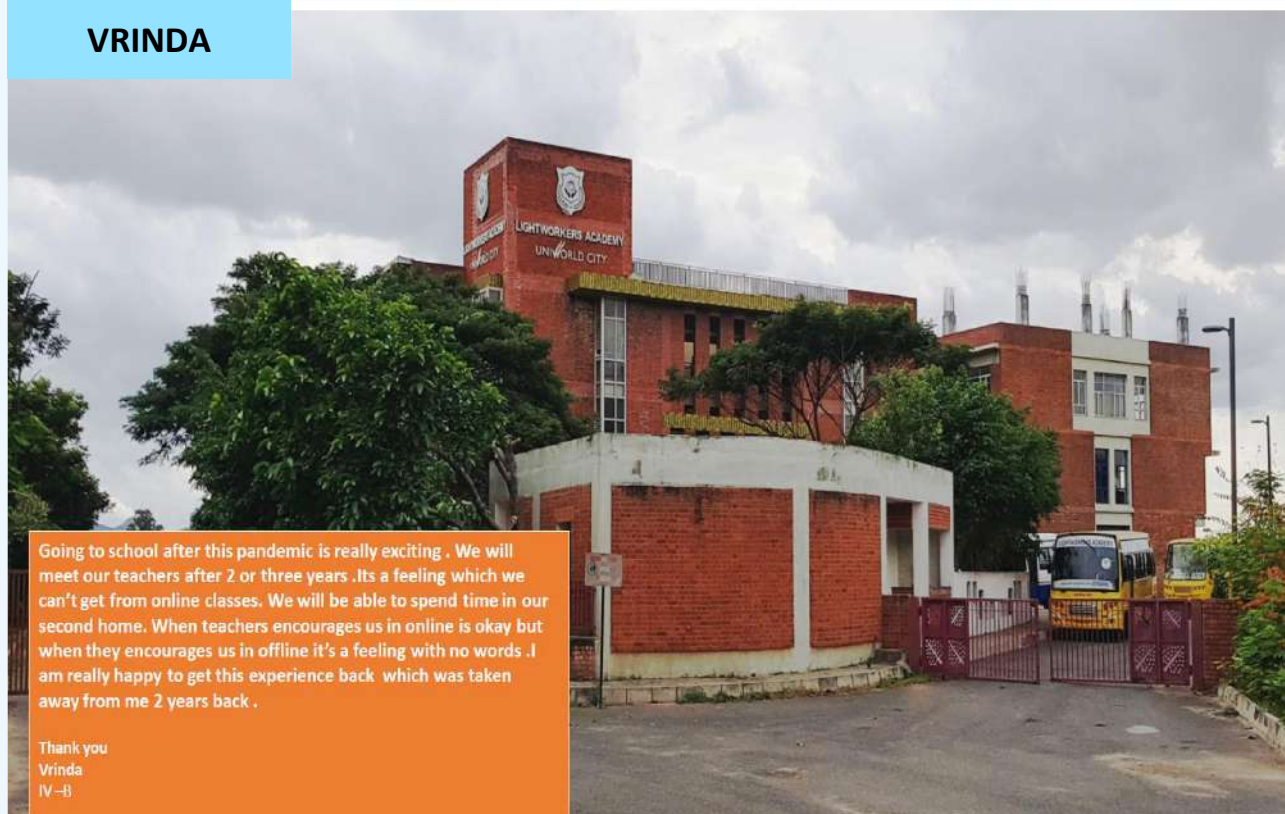
The ringing of the bells,
The tapping of the shoes;
The shouts of the children,
The giggles of the tiny kids;
And my day is complete,
As my students are **BACK TO SCHOOL!**

-Aaron Juby Abraham

VRINDA

Going to school after this pandemic is really exciting . We will meet our teachers after 2 or three years .Its a feeling which we can't get from online classes. We will be able to spend time in our second home. When teachers encourages us in online is okay but when they encourages us in offline it's a feeling with no words .I am really happy to get this experience back which was taken away from me 2 years back ,

Thank you
Vrinda
IV -B



BACK TO SCHOOL

Going to school after a long break gives me a fresh mind and it is a new start. I like to go to school. I enjoy going to school. I can see my friends and teachers. I learn many new things in school. I have fun in playing, singing and dancing. When I used to attend online classes I had eye pain and headache but in offline it is not like that, I was active. Offline is better to understand. In online games period was boring but in offline I can play with my friends in playground. We should wear mask. We need to clean our hands using sanitizer and maintain social distancing to protect us from covid-19 virus.

Thank you....

SOWJANYA S K

Back To School Experience

When the lockdown started, I was sad and unhappy without seeing my friends. The past 2 years was spent in online classes. Seeing the laptop and mobile for long hours make my eyes pain. 2 years passed because of the quarantine. Then I saw my GCR, there was a message sent by our class teacher. The message said that "From 15.11.21, schools are going to open for class 5". I was so happy than before. I was like to dance. I was excited. But I was in my native. So that I can't come school for first week. Then the second week, I came to school. I got a vibration from my head to toe. I was happy that I am going to see my teachers after many years. I entered my classroom. I was excited. Still, I can remember the same feeling. I will not forget that moment forever.....

By

Rithun Vitharshan. S

Class 5, B

RITHUN VITHARSHAN. S

BACK TO SCHOOL

- Back to school was an enjoyable experience. I loved it a lot. I saw my friends after a long time. I ate snacks with my friends after a long time. I also got many new friends. Though i was able to spend more time with my family members i missed my teachers and friends a lot. In all back to school was a wonderful experience.

THANK YOU

CHANDINI S

BACK TO SCHOOL

G. RITHIKA



Back to school Experience

I always loved to go to school, but due to the pandemic situation the mode of teaching went online. I really missed the school environment, friends and my dear teachers. Now we are back to school after a long time. I feel so happy to get back to my routine student life. I daily experience the wonderful environment of my school, care of our teachers and the lovely friendship with my best friends. Physical classes makes me more active and helps me to focus in my studies.

- G. Rithika, 5A

BACK TO SCHOOL

R SANJANA

My first day of school was great. The day which I had been looking forward to for the last 2 years. It is a day of excitement, enthusiasm because of the many experiences and friendships. I was very excited to be going back to school, but also a little nervous.

When walking into the school, we were greeted by familiar and new teachers at the entrance and officers who checked our temperatures to prevent the spread of virus.

After a couple of class it was a snacks time but I couldn't enjoy as sharing of food is restricted.

I was eager to be back in the place which was my second home, to be able to see my friends and teachers, and walk to the familiar halls that I had missed so much these past few months.

I feel my first day helped me become confident in school which ultimately shaped the rest of my years there.

It fills me with pride when I look back at it and share my experience with others. Thus, it was indeed a memorable experience for me.

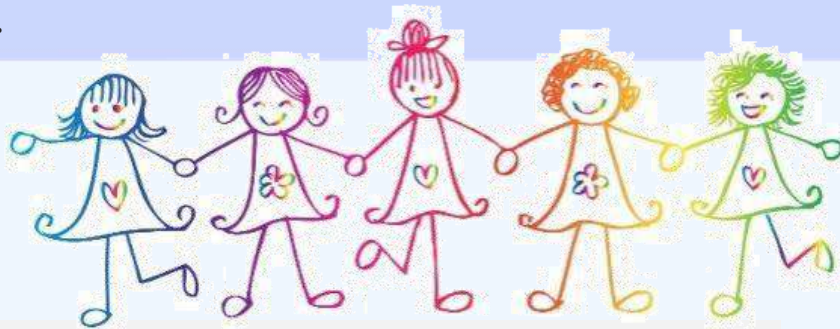
AWARENESS VIRTUAL CAMP ON CHILD NUTRITION FOR GIRLS



The virtual camp about Child Nutrition for Girls was organized by ICDS, Government of Tamilnadu on 22nd January 2022, which was live streamed. The session was hosted by Ms. Hasini Lakshmi Narayanan, 13 years (Young Nutrition Ambassador, ICDS). Tmt.V. Amuthavalli, IAS, Director, ICDS was the chief guest for the session.

The main motto of project ICDS is to create nutrition awareness among the girl children. The session was interesting and gave insights about the healthy lifestyle. Being healthy is more important than slim, right BMI is more important for successful life. The importance of eating breakfast was clearly discussed in the session.

The speaker addressed the major problems faced by the teenage girls due to hormonal changes. The girls aged between 9-15 are advised to take ABC Juice and Drumstick leaves on regular basis to avoid the nutritional deficiencies. The causes of PCOS and how to prevent it from the young age itself were one of the highlights of the session. Menstrual hygiene and psychological changes during the onset of puberty were also discussed. The mission of ICDS is child nutrition which is more important for the healthy society. The session mainly focused on educating the young children about the healthy lifestyle and preventing them from the various medical issues.

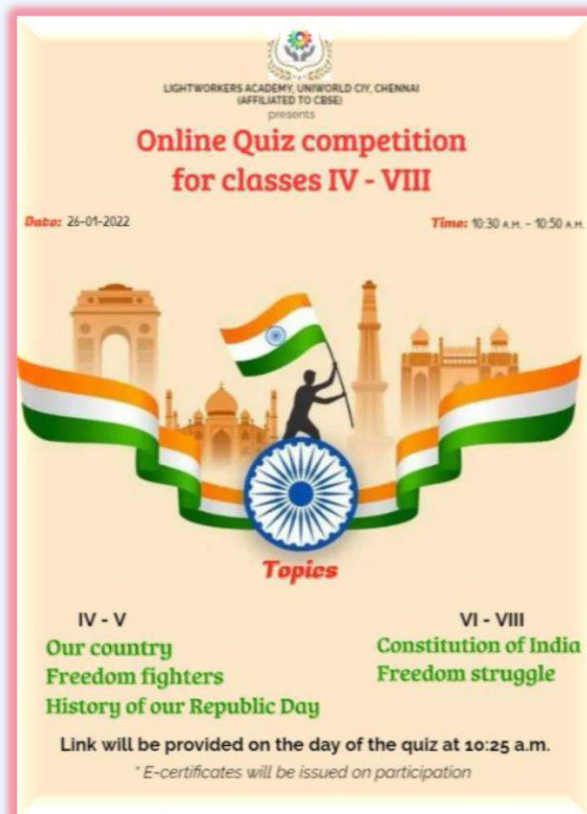


REPUBLIC DAY QUIZ

LWA celebrated 73rd Republic Day on 26th January 2022. To mark the celebration, an online Quiz Competition was organized for the children of classes IV – XII. The theme was based on the history of Republic Day and the Leaders of Freedom struggle.

E-Certificate of participation was issued for every participant and the top 3 winners from each class were provided with E-Certificate of Appreciation

The children showed their interest and curiosity by participating in the quiz.



VACCINATION DRIVE

LWA had 60 doses of vaccine administered on 11/1/2022 for the students of grade 9 to 12. The certificates were generated and sent , with the help of LWA admin staff in collaboration with the public health centre.





Thank You

