



# LIGHTWORKERS ACADEMY

Uniworld City, Chennai - 600127  
(A school by Uniworld Foundation Trust)  
(Affiliated to CBSE)

## NEWSLETTER FEBRUARY 2021



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# FROM THE PRINCIPAL'S DESK



**Greetings from the  
LWA family !!**

**In February , LWA welcomed our students of classes 9&11 back to physical schooling, with all the standard operating procedures and protocols , strictly being adhered to. Motivational talks and career counselling sessions were organised. Best wishes to all the students for their forthcoming final assessments. I also thank the readers for their words of appreciation for our newsletters and happenings. Our team is really motivated to deliver our best**

**- Ms. Santhi Swaminathan**



# Highlights

**Career  
counselling**

**4**

**Young Achiever**

**5**

**Re-Orientation of  
Scouts & Guides**

**6**

**Safe Schooling  
- The Hindu**

**Classroom @ Home  
– A New Experience**

**7**

**10**

**Art Integrated  
Activities**

**Speaking Skills-  
English**

**14**

**17**

**LWA Talks**

# CAREER COUNSELLING

**MR. SATYA KUMAR** is an Indian entrepreneur, educationist and renowned economic and tax law adviser. He is a practicing lawyer and he is a chief mentor of Tycoon Academy and he coaches for chartered accountancy, cost accountancy and company secretary courses and works on empowering young leaders through 21st century skills as inspired by the world economic forum. He is also the founder of Swami Vivekananda School of Public Policy.



## CLASS : IX TO XII



A career counselling session was conducted for the students of classes IX to XII. The speaker Mr. Satya Kumar gave a broad picture of the different career options available for the students. The mantra for success according to him is three-fold. It starts with empathy building, followed by having a role model and then comes creative visualization.

His speech was a very motivating one encouraging the students to believe in their dream. He shared some real life examples of successful persons from different domains who achieved the heights through sheer determination and hard work.

His professional speech included two very important jargons – Circle of influence and circle of concern, advising the students to focus on the former one which they have control on. The speaker ended his talk ensuring his readiness to help the students at any point in their career journey.



# RE-ORIENTATION OF SCOUTS & GUIDES



The Re – orientation camp for Scouts and Guides was conducted by Mr. SARAN RAJ D.O.C. (HWB(S)) on 22 February 2021. LWA teachers Ms.Buela Gracy, Ms.Rosalin Sophia HWB (G), Ms.Kanchana and Mr. Jayaram attended the Re-orientation camp.

Programs like Plans about the upcoming events (2021 – 2022), Online Youth Membership programme, Registration and Renewal process in the district, Warrant and Charter applying procedure, Guidelines to train the Rajayapuraskar Scouts and Guides., Issuing unit registration bill for the registered schools., etc. were planned at the Re-orientation camp.

Trees were planted to commemorate the birthday of Lord Baden Powell, the founder of Scouts and Guides movement and his birthday was celebrated as Thinking Day.

## YOUNG ACHIEVER

### AMIT KUMAR, CLASS-IX

Mark form

**Amit Kumar**

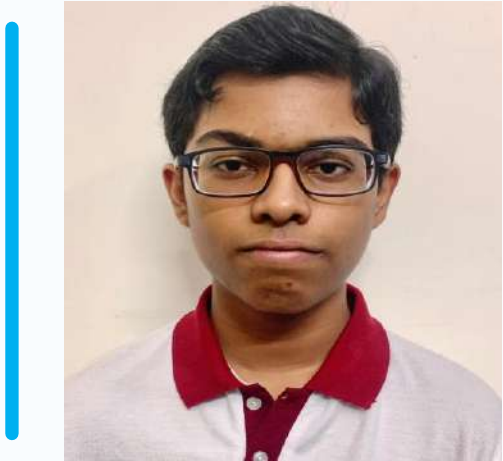
Violin, Performance Grade 8

Overall result: **Distinction**

<b>F. M. Veracini: Allegro: 1st movt from Sonata in E minor, Op. 2 No. 8</b>	27/30
This began brightly, and phrases were shaped with elegantly poised musical crafting from the start. Tone was largely refined, and intonation mainly well centred in high shifts and large intervals in a spirited performance.	
<b>C.-A. de Bériot: Adagio: 2nd movt from Concerto No. 9 in A minor, Op. 104</b>	28/30
Gracefully refined poise of flow, and controlled tone to start was atmospheric, and although intonation was not always as assured in the highest shifts and double-stops, this was played with sincerity of thoughtful musical awareness and fully committed engagement throughout.	
<b>C. C. White: Levee Dance</b>	29/30
Rhythmic buoyancy from the start was exciting, and the stylish character was depicted with energetic spirit. Tone was controlled throughout the range, and intonation mostly reliable in a dexterous colourful, compelling performance.	
<b>Mozart: Sonata in E Minor, KV 304. 1st Movement.</b>	27/30
The style was realised from the start with crisply defined articulation, and dramatic forward impetus of rhythmic energy. Tone was largely controlled with clarity and colourful contrast, and the intonation was mainly dependable in a vibrant, spirited rendition.	
<b>Performance as a whole</b>	27/30
The varied styles of the pieces were portrayed with colourful sincerity, and although there were very brief moments of less reliable intonation, and scope for further refined poise to spacing of the sequencing of the programme, this was a thoroughly committed, musically engaging performance.	

Pass 100 | Merit 120 | Distinction 130

Total mark: **138/150**



## Congratulations

**AMIT KUMAR of Class IX - the First young Indian student to complete ABRSM - Grade VIII in VIOLIN.**

# SAFE SCHOOLING



## IT'S TIME TO GEAR UP FOR OFFLINE CLASSES



BY PRAGYA GARG

**T**he global health crisis quivered the entire human race tremendously. For months our routine was adulterated, jolting both our professional and personal lives. Stepping out for groceries felt privilege imagine, what children would have been going through all this while. Well, we all have our versions to narrate this entire phase of lockdown. Similarly, school going kids have their tales to recite. If we look at a macro level, all the children, irrespective of which class they read in, went through multiple hardships. Generally, a common notion floats around that teenagers are the last ones to be exposed to any kind of stress and pressure. Whereas, at such a nascent stage, where learning and unlearning is part of growing up and expecting the world to guide us, this pandemic left our young ones in the footsteps of a highly superficial virtual world. Now, after 10-long-months it is time for our younger ones to take a step further and enroll themselves in the normal school routine. So, keeping the essence of the real-time interface, schools after months, have now decided to open up keeping all the covid-19 precautionary norms in place.

### HEADING BACK TO SCHOOL SAFELY

Dr. Pratheepa Sivasankari, SRM Medical College, says, "It is very important for the parents to know the exact health status of their children before permitting them to join back schools. Majorly, all the day scholars who commute via public transport need to be extra vigilant because even if you are asymptomatic, still there are chances for you to pass on the virus. To control the spread of the virus all the students have to be cautious and careful while stepping out." Another very important thing that Dr. Sivasankari highlighted is the need to educate the students and their parents before they join schools. She said, "A short video should be prepared by the school, mentioning all the dos and don'ts in it clearly, and circulate it well in advance to generate awareness." Dr. Sivasankari emphasised three things, which all the schools need to follow to provide a safe environment. First up, each classroom to be well-equipped with sanitisers and teachers to make sure children use it at regular intervals. Secondly, making the mask compulsory. Lastly, schools need to organise a short session of breathing exercises. In the age where the mask is a new normal, it becomes crucial to have a well-developed breathing system.

## OFFERING AN ABSOLUTELY SAFE ENVIRONMENT



**L**ightworkers Academy is situated in Chennai, dedicatedly working towards the holistic development of the students. This school has left no stone unturned in taking up precautionary measures to offer a safe environment to the children in and around the premises. Mrs. Santhi Swaminathan, Principal of the school, gave us a deep insight into the safety measures the school has taken to curb the spread of the virus.

The school is taking sufficient measures like ensuring social distancing, making sanitisers easily accessible to the students. As far as wearing the mask is concerned, there has been massive awareness about the basic precautions one has to take, wearing a mask being the prime one.

All the children have been educated through all mediums of communication, be it print, electronic or digital. But, still, if any student fails to follow the rules, then, we ensure that he or she is guided appropriately and politely. Another, necessary step taken by the school is of maintaining the record of the school staff and their health status. Any staff who are unwell are asked not to report to the school.

We have also tied-up with a nearby hospital, and doctors and nurses who are available on call. Such preparedness makes the parents believe in our willful approach to keep their offspring healthy.



# DOWNTOWN

## 21.02.2021

# CLASSROOM @ HOME – A NEW EXPERIENCE

## BUVAN KARTHIK – CLASS IX

Though the academic year of 2020-2021 was not as progressive as previous years, it was a new experience for all of us. It taught us that education can continue without physical presence at the school.

Though this year felt as though it was a very long holiday, I would remark that it had its equal share of assignments and work for the students to take part in.

The teachers were very co-operative, despite online classes taking a major role on them. However, despite the challenges the teachers had faced, they had never hesitated to bring the students a wonderful learning experience.

Thus, I end this review with a positive attitude, and am very enthusiastic for regular classes back in the school building. I thoroughly thank all the teachers for their hard work.

## KRISHNA PRIYA – CLASS VII

First I was nervous to attend online classes after that I was not scared about the online classes.

I felt like I am in class but it is virtual. I did not forget real classes but I tolerated it temporary only I don't know how to submit assignments. Now I can do. First I was afraid to speak to teachers in online classes. I am living in Nallambakkam, in my village side I faced network issues. It was very hard to attend the online classes. Now I am updated to use the gadgets because of corona virus.

## SAHANA – CLASS VII

Education is one of the most essential part of life. It is so important that it can barely be compared with having at least one cup of water everyday. Due to the COVID-19 pandemic, children did not attend schools for some months, there came the idea of online classes which was conducted through zoom or google meet mostly. At first, I didn't have any expectation, when I attended my first two sessions, I was awestruck by seeing the teachers' way of teaching even in this situation. Teachers were very friendly and explained the concepts very well that I hardly spent an hour to study the concepts and even wrote the exam confidently. They usually had the habit of asking questions about the activities performed in the previous classes. The way they asked these questions were absolutely awesome and this helped me to recollect the concepts. At times we even had surprise class tests which was usually conducted through google forms or quizzies.com. The teachers encouraged us a lot which made glad. Last but not the least, I wish it could continue for few more months.

## SIVANI – CLASS VIII

Starting from education to various other platforms have gone virtual from 2020. Expecting the unexpected is now rather a cliché as in 2020 to till date more than expected challenges were experienced. During this time a new form of education did develop into an important part of each student. These drastic changes were indeed hard to adapt to but both the teacher and student tried their best. Thanks to the management and the staff of LWA to not give up on us and not stop to provide us with knowledge. A special thanks to the teachers to take a big step to adapt to new technology to teach the students. This period of the year has been a difficult one but no one gave up their hope for the best. We did bring out the beautiful and the best things from the series of events. I hope that this too shall pass and we will be bringing a cheerful vibe into the empty classrooms soon.



# CLASSROOM @ HOME – A NEW EXPERIENCE

VIVIAN OSBORN – CLASS IX

## MY COVID OUTBREAK EXPERIENCE

To be honest, the experience I had was too weird. When the news about covid began I wasn't quite interested in it at all at first I thought it was just going to be cured early and so it was out of my mind for a couple of months, but then at 2020 a year which might be the strangest year in all of history came by and when they announced schools will be no more and we will only have online classes, I was dancing and singing 'yay no more school' or something like that but now I think I might regret thinking that.

When I started to go to online classes it was weird to be accustomed to having classes in a device which I used for entertainment most of the time. I will admit it at the start it was fun and all but as months passed on it became blatantly boring. It was really hard to focus in class, there were just too many distractions. I mean I could just join an online class and pretend to be in it and watch YouTube videos at the side and no one would mind and say about, all that mattered was I should submit the homework that the teacher has posted in the google classroom and I would somehow submit it.

The thing was an introvert like me should have liked staying at home itself but then I felt the opposite, 'I wanted social interaction, I wanted to go to school' when I had those thoughts, my introvert brain was in critical danger. And as usual I would brush those thoughts away and live in boredom for literally a whole year

My feelings for joining the school back heightened a bit but I convinced myself that the school would open at the end of the 9th std

Even though online classes are distractive, they sure were easy to do. I had less work and all the exams felt like a small test as we were having it online so I would say I was kind of half based on online classes. When I heard school was reopening I was actually quite surprised, I mean why reopen when the semester is about to end ? I realized we would have two exams at school. The thought of having exam in school scared the living sense out of me. I mean imagine having exams online for literally a year and suddenly jumping back to normal exams, now you might understand why I was panicking already.

Yet I wanted to come despite all the consequences, the reason?

Well I wanted some social interaction and i wanted to meet my friends whom I hadn't seen for one whole year and my classmates as well. And that was it everything is back to normal now school is back but we still have some annoying regulations but it is necessary to be done, the world is returning back to normal little by little. Yet again 2020 was a *bizarre* year which a majority of the world wouldn't forget.



# CLASSROOM @ HOME – A NEW EXPERIENCE

## SAILESH – CLASS VII

Thank you for the teachers to give an opportunity of telling about online classes. Online classes were a nice way of education in the covid -19 pandemic. It was a lot of fun in online classes so that we didn't miss our school or classes. It was very good to attend classes at home itself. But I was missing my friends because I couldn't spend time with them in school. So I would wish the school to be opened in the next academic year at April 2021.

## SANJAY BHARATHI – CLASS IX

Probably it was fine and teachers were teaching the classes in well-mannered way and had some fun at online classes. I am a new student but the teacher's teaching skill was so good, I got a detailed ideas about the topics and the teachers were supporting a lot, we had a great time during the online classes, literally to say I didn't have any problems other than network issues.

## AKSHITHA – CLASS VIII

In the starting , online classes were something really strange and it took me 2-3 weeks to get used to it . I was also really afraid if all the concepts would be clear and if I would be able to follow the teacher . When I joined the first class , I felt a little bored but as days passed online classes became a lot more interesting and fun .All this had happened, only due to the teachers who had taken a lot of effort to make online classes fun , interesting and interactive . Also, completing the homework and notes were very difficult and time consuming but as days went by, I got used to it and it helped me get rid of my boredom. Attending classes from home made it easy for me to spend a lot of time with my family and the break time in between classes helped relax myself. Online classes also made it easy for me to attend classes from anywhere. Only thing that was missing in online classes was that, we couldn't talk to our friends or meet them. Other than that , the online classes are really fun and it helped me gain a lot of knowledge . Now, I am loving classes and I enjoy it a lot.

## SIDDHANTH IYER – CLASS IX

The pandemic wasn't a very fun period. It had its pros and cons. As soon as the pandemic started, I was sort of happy because we could have more summer holidays, as days passed, lock down was extended and everything got boring. Soon the classes started, I was excited but everything features a negative side and so did online classes. Around October is when things began to get a touch greyer. I had to wake up study and sleep, it was very repetitive, boring and frustrating. To be honest I had a mental breakdown. The extent of boredom that surrounded me was so high that even watching YouTube wasn't fun. I really knew I had to urge out of my house. Fortunately, in December my uncle came that's when my fear for covid-19 reduced and that I finally got out of house and visited places and had attained peace of mind. Let's get back to online classes, there was a ton of tech upgrade. I was a guy who didn't know what excel is or how to work on excel or even basic document editing for the fact. I learnt so much that I know everything from post production to coding and even building own PC was around the month of January 2021. Everyone was doing their level best to cope up with the pandemic. Teachers also spent sleepless nights preparing notes, correcting classwork's. I used to pray for Schools to not reopen. Unfortunately, that took place on the eighth of February, that is the day that made me get back in my senses, I had realised the importance of offline classes. I had missed offline classes so much that I was ready for Saturday and Sunday classes also. Well, this is my pandemic story.

# ART INTEGRATED ACTIVITIES - SCIENCE

## OUR ENVIRONMENT , OUR SKY – CLASS VIII

SIVAANI



Meanwhile the wild geese,  
high in the clean blue air, are  
heading home again. Whoever  
you are, no matter how lonely,  
the world offers itself to our  
imagination, calls to you like  
the wild geese, harsh and  
exciting-over and over  
announcing you place in the  
family of things.



There is a pleasure in the  
pathless woods, There is a  
rapture on the lonely shore,  
There is society where none  
intrudes, By the deep Sea, and  
music in its roar: I love not  
Man the less, but Nature  
more.



Meanwhile the sun and the  
clear pebbles of the rain are  
moving across the landscapes,  
over the prairies and the deep  
trees, the mountains and the  
rivers. From these our  
interviews, in which I  
steal From all I may be, or have  
been before, To mingle with the

Universe, and feel What I can ne'er express, yet cannot all conceal



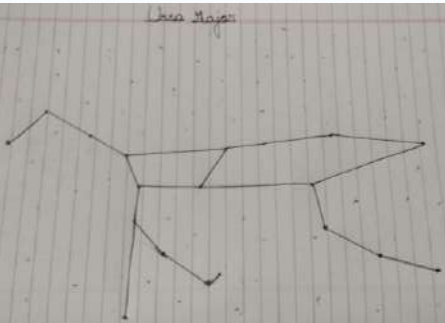
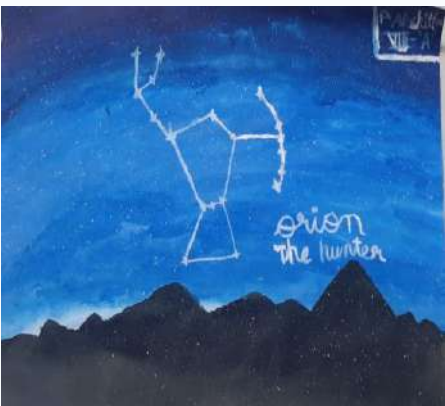
You do not have to be  
good. You do not have to walk  
on your knees for a hundred  
miles through the desert,  
repenting. You only have to let  
the soft animal of your body  
love what it loves. Tell me  
about despair, yours, and I

will tell you mine. Meanwhile the world goes on.

SUBASHMITA



AKSHITHA



# ART INTEGRATED ACTIVITIES - SCIENCE

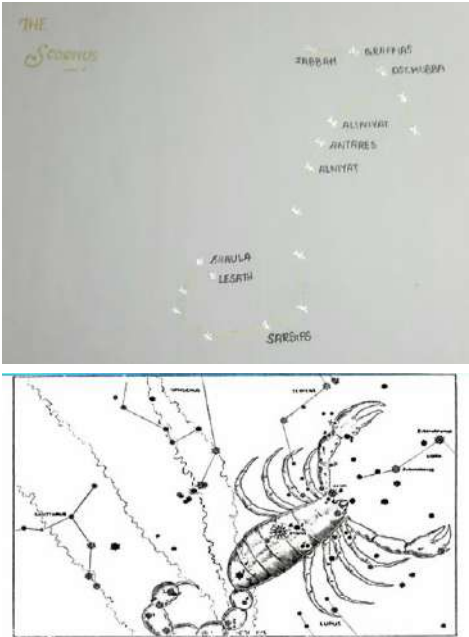
CLASS V



Nature is beautiful enough to keep our minds fresh every time .We should enjoy nature without disturbing its balance. Nature is our best friend. We should do plantation and nurturing to keep it healthy . Nature is a precious and notable gift given to us by god. Nature is as caring as our mother and it is always as sweet and adorable as her. Whenever I feel sad or distress I expose myself to nature. I am happy to interact with nature and also happy to be a part of this earth. Nature's beauty keeps a good impression in our minds . There are many wrong decisions made by government in some private sectors against the well-being of nature like the case of dehing patkai in Assam. So let's learn to speak against these situations . Healthy and Wealthy nature is very important for the well being of humans. Therefore we must keep our nature healthy and peaceful .

" The more time you spend time with nature the deeper your understanding of life will be "

SIVAANI



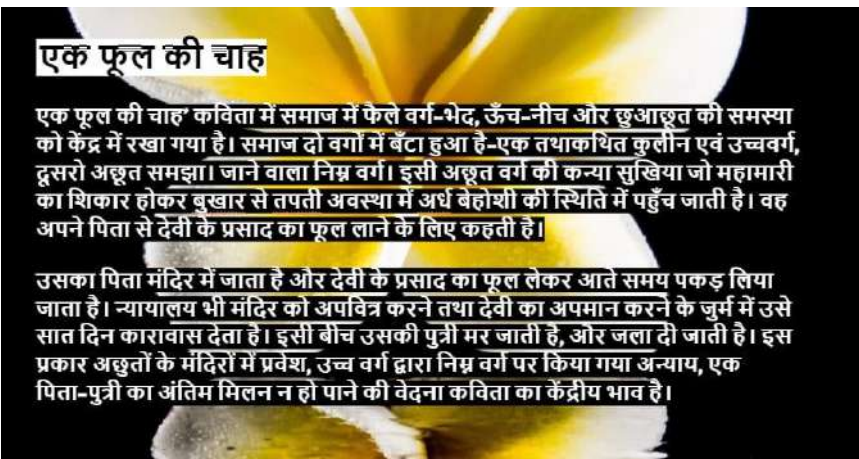
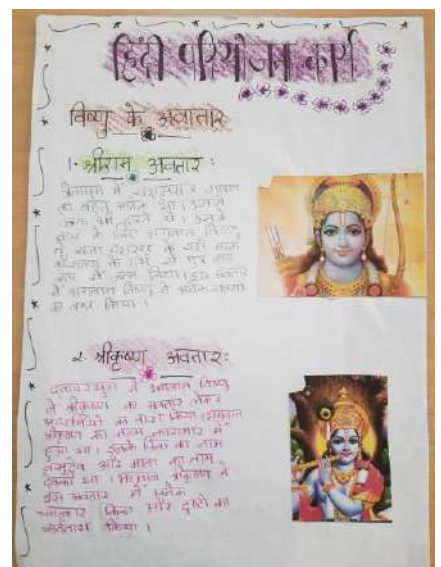
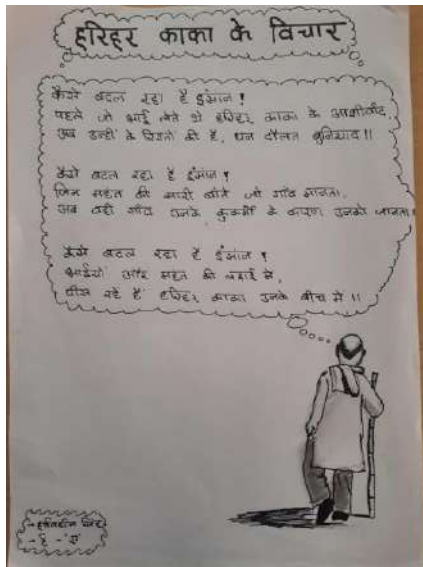
## The Mythology of Scorpius

Orion was a mighty and fearless hunter, so great in fact that he vowed to kill every animal on the Earth. Gaia, the goddess of the Earth and protector of the animals, was angered by Orion and asked Scorpio, a giant scorpion, to kill Orion before he could harm the animals. Scorpio attacked Orion and stung him with his stinger. As a reward for his bravery and for saving the lives of all of the animals, Gaia placed Scorpio in the night sky. He is seen chasing Orion across the sky during the year. Orion is allowed to hunt peacefully in the winter, but as spring comes, Scorpio rises chasing Orion out of the sky.

DISHIKA CHANDRAMOULI



## ART INTEGRATED ACTIVITIES - HINDI

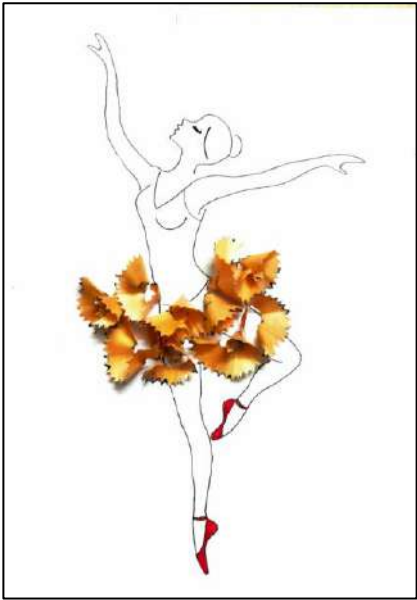


# ART INTEGRATED ACTIVITIES - DANCE

SIVAANI

AKSHITHA

DISHIKA



Art Integration Work for Dance ;  
Dancing is an art and skill,  
Dance when no one's looking  
Dance harder when they are  
Dance to heal a wound,  
Dance under rain ☁☁  
Dance ☀ under ☀ sun  
Also when you think when you can't dance ,  
Go outside and run  
Dance to the sound of leaves  
For the song in your heart ♡  
Keep dancing even though you know ,  
That the world 🌎 is falling apart 😊.

# PATIENT MONITORING SYSTEM

DHANESH ARVIND - CLASS IX

CONGRATULATIONS - 1<sup>ST</sup> PRIZE

Dhanesh Aravind of class IX participated in the the event conducted by StemDuniya on IoT which was fun learning and very much informative. Students were asked to create any kind of working project with the enforcement of IoT. Dhanesh made a project on a wearable patient monitoring system which won the first prize. This mainly focussed on elderly people and patients ailing from diseases like Alzheimer's. The mentors guided the students in a great way and Students thoroughly enjoyed the whole contest.



# SPEAKING SKILL

CLASS - III

RECITATION ACTIVITY



The children of Class III had English Recitation Activity of the poem “The Moon”. The children recited the poem with a lot of zeal and enthusiasm. Poem is meant for enjoyment. Beauty is the realm of the poetry, the children enjoyed the beauty of expression, thoughts, feelings, rhyme, rhythm and music of words. Taking all these facts into consideration the children got an opportunity to exhibit their talent and confidence. Variety of interesting rhymes with good introduction of themselves had flown in a melody from the young ones.



# SPEAKING SKILL

## CLASS - II

### Puppet - Opia

Puppet show was conducted for the children of class II. The show was a joyful learning experience for the little storytellers.

The children presented their immaculate work by taking colourful and meaningful puppets by using interesting materials like colour paper, ice cream sticks etc.

The children gave striking and vibrant performances.



## CLASS - V

### Enact a character

“Enact a character” activity was conducted to the students of class 5. The main objective of this activity was to build confidence in the students.

Students showcased their talents and performed their characters through their remarkable gestures actions and dialogues.

All children participated enthusiastically. This activity inspired the children to think and enact creatively and promoted artistic excellence and made the event most enjoyable.

# SPEAKING SKILL

## CLASS - VII

### MONOACTING



Mono-acting is a very interesting art from which evolves both acting skill as well as intelligence. The students of Class VII performed Monoacting in English class. It was very satisfying to see the children full with confidence and the maturity to handle the situation and the grit to deliver the character they represented. Students were wonderfully dressed as per their act. Various props, were used and students gave their best, each and every child displayed confidence during the act. Their expressions, voice modulation, in fact, the whole act was commendable.



## CLASS - VIII

### DEBATE



On 19 February 2021, debate was conducted for Grade VIII students in English class. The topic was “Should parents decide which career their children will pursue?” The aim of the debate was to hone public speaking skills of the students and teach them to be articulate while expressing their thoughts and opinions. Students have also brought out the National Education Policy concept in the debate.

The students were divided into two teams. Talented and budding speakers spoke in ‘favor’ and ‘against’ the topic. The highlight of the debate was the question and answer round, all the questions were answered confidently by both the sides, inviting counter questions which were aptly answered by witty and vivacious speakers.

A special monoacting performance was done by Joelle Siyona and Joseph Anil.

# LWA TALKS

LWA Talk Series for the month of February, conducted on the 27<sup>th</sup> of the month, had an eminent advocate of Supreme Court of India as its speaker. He practices Company law, Criminal, Civil and Constitutional law. He gave a broad picture of the Judicial System of India and how it functions – starting from the lower courts to High courts and then the Supreme court. The students could relate this to what they learn in Civics and hence found it to be quite interesting.

According to the speaker, law is a dynamic field and requires tremendous hard work and dedication to establish oneself as an independent law practitioner. He gave an overview of the career aspects that the field of law provides. A detailed explanation was given on the degree courses and the integrated courses available and the colleges which offers those. The students got a perception of the legal world and were keen in clearing the slightest doubts in their mind. Overall, the session was a very interactive one and ended on a positive note with a new vision of making law as a serious career option for many young minds.



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# Thank You

